

## **KDHE Pregnancy Maintenance Initiative (PMI)**

**Applicant Organization Name:** Embrace of Wichita, Inc. 1040 N. West St. Wichita, Ks. 67203 316-945-9400 [embracewichita.org](http://embracewichita.org)

### **ADMINISTRATION AND MANAGEMENT**

#### **PMI program staff:**

Administrator: Tim Quiggle LCMFT-Executive Director [tquiggle@embracewichita.org](mailto:tquiggle@embracewichita.org)

Coordinator: Rebecca Hatch-Center Director [rhatch@embracewichita.org](mailto:rhatch@embracewichita.org)

Case Manager: Alana Tims R.N. B.S.N. Director of Volunteer Services [atims@embracewichita.org](mailto:atims@embracewichita.org)

Primary Point of Contact: Alana Tims R.N. 316-945-9400 [atims@embracewichita.org](mailto:atims@embracewichita.org)

Alana Tims R.N. will serve as an interim Case Manager. She has been an R.N. for 29 years and has been on staff at Embrace for 8 years. Alana is knowledgeable of community resources and has past case management experience. If and when the grant is received a licensed R.N. or Social Worker will be hired to be the full-time case manager, Alana Tims R.N. will serve as the PMI coordinator and Tim Quiggle will serve as the administrator.

**FEIN:** [REDACTED]

#### **Staff management plan:**

Requirement for all new staff:

1. Provide proof of licensure and documentation of mandated training.
2. Provide proof of auto insurance and agreement to background check. CPR certification is provided by Embrace every 2 years and well as yearly OSHA training.
3. All new employees receive a 90 day evaluation by the Administrator, (Executive Director) followed by a 6 month evaluation the first year of employment. Yearly evaluations are received thereafter. The Administrator and Coordinator are available daily as needed for ongoing questions and training needs.
4. It is the commitment of Embrace to encourage and support continuing education. Embrace provides 2, in-house in-services annually on varying topics related to clinic activities. These are free to staff and volunteers. All requests for continuing education, seminars etc. are submitted in writing to the Executive Director for approval. Clinic funds are available for all or partial reimbursement with approval from the Executive Director. Staff educational needs related directly to the PMI program will be provided to maintain a quality program. All mandated training for the PMI program will be allowed and supported by Embrace.

5. Staff confidential employee file: All mandated training will be documented and kept in the confidential employee file. This file holds all required documentation for employment and health.

#### **Training and Orientation for the PMI program**

1. All new employees will undergo mandated Embrace Clinic new employee orientation: This includes review and agreement with policy manual, PMI program requirements, PMI paperwork, PMI reporting requirements, Case Management, OSHA training, Health and Safety training and general review of Embrace Clinic policy and procedures.

#### **Evaluation methods and expansion of services to meet community needs:**

1. The Administrator, Coordinator and Case Manager will work as a team to evaluate the success of the PMI program. Evaluation will include; are the referrals appropriately meeting the client's needs, are the referrals active, are any additional referrals required, can the client easily access the community referrals, what are the barriers to access, are there any additional training needs which could be provided for our clients, what is our participation rate, client satisfaction and how do we need to adjust the program to meet client needs. Our PMI team will meet weekly or more frequently as needed for the launch of the program. We will utilize our staff R.N. to initiate and oversee PMI services until we can hire a case manager. As the program expands we will hire needed staff.

#### **PMI Advisory Group membership:**

1. PMI advisory group will meet monthly for the first 6 months to evaluate the PMI program. We will meet every quarter thereafter.
2. If the PMI grant is awarded we will recruit Embrace staff, Board members and volunteers from Wichita who serve at Embrace to serve on the Advisory committee.

#### **DATA AND INFORMATION**

##### **Goals, objectives and outcome measures:**

1. Our program goals are to provide quality services and community referrals to our pregnant clients which will increase the likelihood of a positive pregnancy outcome. Embrace will offer at no charge to our pregnant clients a pregnancy test, Sonogram, Classes and material support as well as an opportunity to enter the PMI program. Embrace provides professional counseling as needed (\$10 fee waved if unable to pay). Our objective is to provide an initial assessment of client needs and through in-house services and community referrals provide resources to meet those identified needs. Our outcome measures are to offer each positive pregnancy test client a chance to enter the PMI program. Our initial client goal during this startup year is to enroll 100 of our pregnant clients with 75% completion. Embrace performed 686 pregnancy tests in 2015 and out of those; 509 were positive tests. The goal if funds are received is to begin the PMI program by December 1<sup>st</sup> 2016.

### **Measuring effectiveness of services, interventions and referral networks:**

1. The case manager will meet with client to evaluate goals, effectiveness of referral sources, Client's ability to connect with needed resources, successful completion of classes and or training as well as other established goals. The frequency of meetings will be determined by the initial intake and client need.
2. Case Manager will discuss with client at regularly scheduled meetings her experiences with community referral sources and the effectiveness of the referral to meet the client's needs. If the Case Manager determines the referral source to be inadequate to meet the client's needs, another source will be provided. The case manager as time allows will make personal visits to main referral sources to increase efficiency and communication. Many of the routinely used Wichita community resources have already been visited and many have come to Embrace to provide training for our staff and volunteers.

### **Data Entry:**

1. Data will be entered into DAISEY by the case manager on a weekly basis. Each Embrace client has a chart which is maintained and stored by our data administrator. Files are kept in a secure location on-site. The information will be collected by the case manager using customized paperwork based on the PMI initiative intake and needs assessment, life domains goal planning, client goal tracking and client satisfaction survey. Data from client visits will also be stored in E-Kyros for future use.

## **INTERVENTIONS TO IMPROVE PUBLIC HEALTH**

### **Services provided by Embrace:**

Embrace believes in a holistic approach to health and wellness which includes care for the physical, emotional and spiritual. Clients are offered a free pregnancy test provided by a mentoring volunteer. The volunteer provides encouragement, support and a listening ear throughout the pregnancy. Clients are offered an early limited obstetrical ultrasound by a nurse practitioner or R.N. This is an opportunity to verify the pregnancy as viable and intrauterine, establish gestational age and provide education on substance abuse, diet and nutrition, growth and development and early problem intervention. Embrace provides educational classes which include: Parenting Pays; emotion coaching, relationships, parenting skills, health and nutrition etc. Doctor Dad/Mom; baby nutrition, breastfeeding, establishing a safe environment, shaken baby syndrome, first aid, illness, swaddling etc. Done with Drama; how to establish a healthy relationship and good boundaries. Deliberately Different; the equal but different roles of a father and mother. Love Connections; exploring baby bonding skills. Other provided classes include budgeting and finance and childbirth education. Embrace classes are not evidence based but are seen as best practice. Professional sources are used and cited. All classes have been approved by our Medical Director Melissa Hague, M.D. OB-GYN. Clients are offered ongoing counseling with a

professional counselor as needed. Our counseling services are directed by Raquel Moeder LCMFT. Upon completion of class the client and father of baby earn material support which includes supplemental diapers, formula, wipes and cloths for the first year of the baby's life. The client can also earn a "baby bundle" which is a mixture of needed baby supplies such as diapers, formula, cloths, quilt, burp rags, shampoo, lotion etc. Embrace STD clinic is available as needed and provides free STD testing and treatment. Most pregnant women are not seen in our STD clinic but are tested by their OB-GYN at their first appointment.

#### **ADOPTION SERVICES:**

Each positive pregnancy test client that comes to Embrace is asked if she is interested in Adoption as a parenting option. If the client expresses interest in adoption, an appointment is scheduled with our on-staff Licensed Clinical Marriage and Family therapist who has been trained in the adoption process. We partner with attorneys Ann Rider and Doug Keeling as well as Lifeline Adoption Services. We act as an advocate for the client who chooses adoption by going with her to attorney appointments, providing accurate information about adoption, providing professional counseling throughout the adoption process and up to 1 year following the adoption. We will go to the hospital with the client if desired, go for support as she meets the adoptive family. The PMI project would work well in conjunction with our established process. The client would enter into the PMI program. The case manager would work with the MFT to provide needed resources for the client who chooses adoption.

#### **NUMBER OF CLIENTS SERVED:**

The goal for this startup year will be to serve 100 women the first year in the PMI program.

#### **COUNTIES SERVED:**

Embrace serves anyone regardless of their place of residence. The majority of clients served reside in Sedgwick County. We have some clients from Harvey, Sumner, Cowley, Butler, Kingman, Harper and Reno Counties.

#### **EMBRACE MISSION AND VISION:**

The mission of Embrace is to serve individuals with the love of Christ empowering them to: Choose Life, Practice sexual integrity and Experience physical, emotional, and spiritual wholeness. Embrace does not recommend, provide or refer for abortion. Embrace is committed to assisting women experience healthy pregnancy and safe delivery by providing emotional support and practical assistance.

#### **COMMUNICATION AND PROMOTIONS**

##### **PROMOTION:**

Embrace will promote the PMI program on our Website, Facebook, training our 30+ volunteers who mentor our clients, create a brochure to promote and deliver to community partners such as GraceMed, DCF, OBGYN offices, KU med. , USD 259 and the Health Department. We will explore the feasibility of

radio promotion and promotion at fundraising events. We are meeting with USD 259 and are currently working on a partnership to provide services to pregnant teens in the high school setting. We hope to provide classes in the school and provide a referral to our in-house services including our PMI program. If this partnership is developed I anticipate an increased number of clients served by the PMI program.

#### **PARTNERSHIPS:**

The key community partners used by Embrace are the following:

1. Sandra Zeh-KDHE KanCare Outreach Coordinator
2. W.I.C.
3. Community Health Clinics: Hunter Health, GraceMed, Guadalupe, E.C. Tyree, Mother Mary Clinic, Wesley Family Practice, Wesley Women's Clinic, Via Christi Family Medicine, HealthCore.
4. Homeless shelters: Harbor House, Wichita Children's home, and the OZ center, YMCA, Union Rescue Mission, and Catholic Diocese of Wichita.
5. Substance Abuse Center of Kansas
6. United Way 211
7. Healthy Babies
8. Fresh Hope
9. His helping hands
10. Local OB-GYN's: such as Mid-Kansas Women's Center, Heartland Women's Health, Associates in Women's Health and Wichita OB-GYN's.
11. Episcopal Social Services: meals, job training, transportation, employment resources.
12. Screen for Success: Developmental screening for children birth to 5 years old
13. Head Start, Rainbows: Child care
14. Wichita Bus Line
15. Asbury UMC, Sharon Baptist Church, The Lord's Diner: food
16. Learning Connection, K-12 schools: diploma program

Right now at Embrace, the client is given a referral page listing community resources and the client is responsible to connect and follow through with referrals given. We have a close partnership with the above agencies and keep updated on the appropriate procedures needed to access services. I believe the PMI program will greatly enhance our client's access into needed resources. With a one-on-one approach, the case manager can provide referrals, help the client when they experience barriers to access, follow-up on client's compliance and provide additional resources as identified. Through the PMI program the client will meet with the case manager, complete an initial assessment of needs, set goals and follow-up with case manager. The client will be given an opportunity to evaluate the program through a Client satisfaction survey and adjustments will be made based on the incoming data. I believe this will add a needed step for a positive pregnancy outcome.

**The following is additional information requested from the Grantor:**

How would you determine which clients with a positive pregnancy test would be appropriate for your PMI program?

\*Every positive pregnancy test client would be offered the opportunity to partake in the PMI program. If they choose to join the program, I would then do an initial assessment of needs. At least 95% of our clients, if not more, are uninsured. I anticipate that when the assessment is done there will be identified needs with all of the clients. If a client intake is done and there are no identifiable needs that can be addressed by a case manager, the client will be notified that they do not fit the parameters to join the PMI program.

What is the minimum amount of face to face contact each client will have with the case manager?

\*I plan to do the initial assessment and immediately schedule another appointment for 1 week. At that appointment, I will assess the client's ability to enter the KanCare system, choose an OB-GYN, schedule their appointment, schedule the sonogram and address other identified goals. Since I am new to this program, some of this will be a learning process. I believe a meeting at 1 week will also allow me to explore the community resources the client may need based on their assessment and discuss the community resources with the client at the first weeks meeting. I anticipate the need for weekly meetings at least for the first 2-3 and then use a combination of phone calls, scheduled meetings and possibly home visits as needed. I would think that the meetings could eventually go to every other week, then monthly and then discharge.

Clarify if the educational classes listed are components of a series of classes each client would complete or if they are stand-alone classes that would be completed only as needed/relevant for individual clients?

\*The educational classes are 1.5 hours long for 4 or 6 weeks per class. They address topics relevant to our clients such as: raising emotionally healthy children, healthy relationships and appropriate boundaries, basic first aid, budgeting and finance, childbirth education, the effect of your family of origin, bonding tools with your child etc. Upon completion of one 4 or 6 week class, the client receives free diapers, formula, clothes, wipes for the first year of the babies life. The client can earn additional supplies if they take 2 classes or come with the father of the baby. I anticipate when the initial assessment is done to identify one or more client needs that can be addresses by educational classes. I will discuss with the client our class topics and how they can address the identified need and encourage the client to add classes to their goals. As always, this will be the client's choice to participate in classes. One very common need is not only educational but financial. The supplies help with the client's financial needs to provide care for their baby.

Were the classes developed within Embrace or elsewhere?

\*Dr. Dad-National Fatherhood Initiative [www.fatherhood.org](http://www.fatherhood.org) copyright protected

What is the purpose of the Baby Photos described in the budget?

\*Baby photos will be utilized as an incentive to successfully complete the program. Upon successful completion of the program (and birth of their baby) clients will be scheduled with a 20 minute baby/family photo session at Embrace. Digital images obtained during these sessions will be provided to the client (via a Google Drive folder) for their own personal use and/or download. In addition, clients will be allowed to choose one image of their choice for print. Embrace will purchase a package of assorted sizes for the family. A 4"x6" photo from the packet will be framed and provided to the family finishing off the photo incentive.

What are the duties of the Director of Pregnancy Care Services?

Sharon Lessig is the Director of Pregnancy Care at Embrace. She is an Advanced Practice Registered Nurse with over 35 years of experience in pre-natal care and will provide direct care to our client through a Pregnancy Assessment. In addition when appropriate she will coordinate with the Case Manager to create appropriate medical goals. Mrs. Lessig also provides clients with appropriate referrals to medical professionals for continued pregnancy care and has the relationships to foster immediate appointments in the case of emergency.